

Maslow's Hierarchy of Needs



Maslow's Theory

“We each have a hierarchy of needs that ranges from "lower" to "higher." As lower needs are fulfilled there is a tendency for other, higher needs to emerge.”

Daniels, 2004

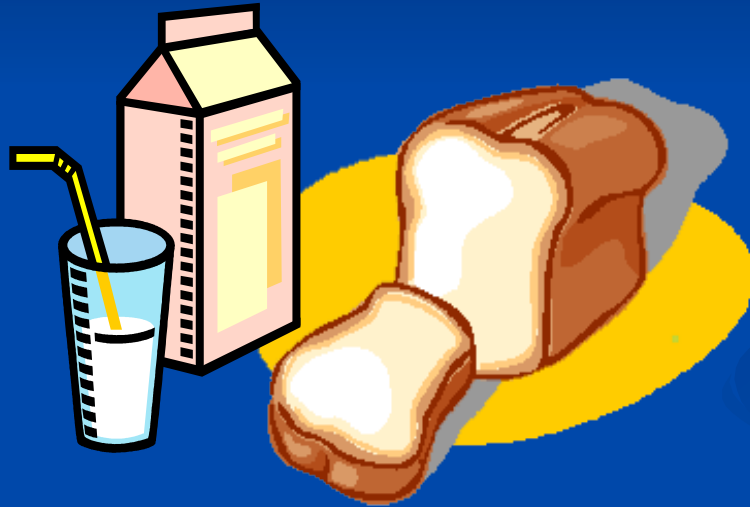


Maslow's Theory

Maslow's theory maintains that a person does not feel a higher need until the needs of the current level have been satisfied.

Maslow's basic needs are as follows:

Basic Human Needs



- Food
- Air
- Water
- Clothing

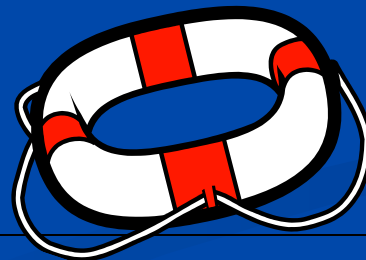
Physiological Needs

Safety and Security



- Shelter
- Stability
- Health
- Routine/Order

Safety Needs



Love and Belonging



- Affection
- Acceptance
- Inclusion

Social Needs



Esteem

Esteem Needs



- Self-Esteem
- Confidence
- Achievement
- Respected by Others

Self-Actualization

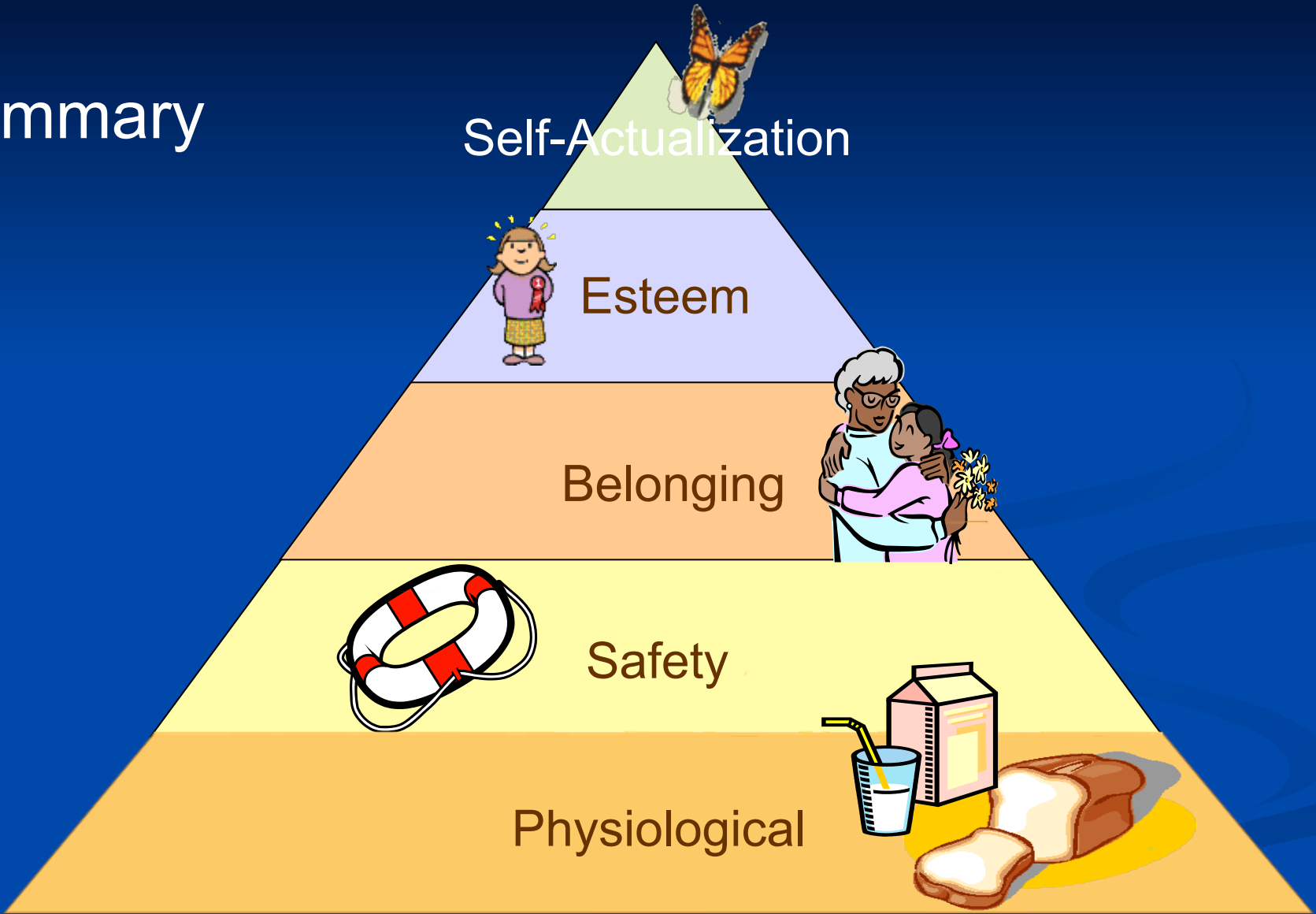


- Self Motivation
- Set Goals
- Happy
- Spontaneous
- Creative

Where do you think you are?



Summary



Self-Actualization

Esteem

Belonging

Safety

Physiological

References

- A.H. Maslow's Hierarchy of Needs. (n.d.). Information accessed May 16, 2004, from http://www.temple.edu/CETP/temple_teach/cm-needs.html
- Daniels, V. (2004, March). Notes on Abraham Maslow. Information accessed May 18, 2004, from http://www.sonoma.edu/users/d/daniels/Maslow_summary.html
- Hannah, Claudia. Maslow's Hierarchy of Needs Power Point www2.pro-ns.net/~hannah/Maslow.ppt . August 2010.